



May 18-26, 2022
Featuring Professor Emeritus Teofilo Ruiz
UCLA Department of History



A World of Discovery

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-caliber professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important characters in this story are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

Fill the pages of your newest chapter with tales of the cultural riches, medieval architecture and rugged coastal beauty that create the fascinating quilt of Italy's deep south.

Above: Olive groves surrounding Ostuni Cover photo: Trulli of Alberobello

inspiring Moments

- ➤ Witness magnificent Adriatic skies melt into the cerulean sea.
- ► Uncover **Matera**, home to a fascinating network of caves inhabited since the Paleolithic era.
- ► Feast your eyes on Lecce's romantic, florid architecture.
- ➤ Visit a **countryside winery** that perfectly
 encapsulates the Puglian
 way of life.
- ▶ Discover conical trulli houses in Alberobello, and explore the historysteeped streets of Ostuni.
- ► Taste Apulia's simple, fresh cuisine crafted with homegrown flavors.
- ► Delight in the exquisite charm of **Locorotondo**.



Teofilo Ruiz

Teofilo Ruiz received his doctorate from Princeton University and has taught at many universities. He served as UCLA History Department chair (2002-2005) and chair of the Department of Spanish and Portuguese (2008-2009). A medievalist and early modern historian, Ruiz was selected by the Carnegie Foundation as one of the four Outstanding Teachers of the Year in 1994. The author of 14 books, he received the prestigious 2007 Guggenheim Fellowship and the Distinguished Teacher Award at UCLA. In 2012, Ruiz was selected as the Senior Research Lecturer at UCLA and received the National Humanities Medal from President Obama. With 13 past tours, Professor Ruiz is the most popular and beloved lecturer traveling with UCLA Alumni Travel.

UCLA Alumni

Dear UCLA Alumni and Friends,

Journey to the southern shores of Italy to a land punctuated by poetry, where traditions of community are set firmly in the rhythms of the past. Apulia, a relatively undiscovered Mediterranean region, awaits to share its fascinating history, coastal beauty and welcoming hospitality on this seven-night stay.

Discover the pace of local life from your base in Polignano a Mare, a village perched above aquamarine waters. Each day, explore well-preserved, rustic towns boasting unique architectural and archaeological treasures. Dine on seafood, fresh from the Adriatic, and indulge in locally produced olive oil and wine. Centuries of history will unfold as you dip into Apulia's rich heritage, delight in soothing Adriatic breezes and engage with the region's gregarious, warm people — experiencing everything this special area has to offer.

Your itinerary include enriching cultural excursions, preferred access to popular attractions and an engaging educational component. Delight in the camaraderie of traveling with fellow Bruins and Professor Ruiz. Less than six rooms remain, so make plans to join us today!

Regards from Westwood,

Char ham

Christel Aragon
Director, Alumni Travel

P.S. This trip works back-to-back with our **Amalfi Coast** trip, May 11-19, 2022. Two trip with only one trans-Atlantic flight! Professor Teofilo Ruiz is scheduled to join both tours.

310-206-0613

travel.alumni.ucla.edu



Architecture | Art | Culture | Cuisine | History | Natural Beauty



Day 1 | In Transit

Depart your gateway city for Bari, Italy.

Day 2 | Bari, Italy | Polignano a Mare

Arrive and transfer T to Polignano a Mare to check in to the Hotel Covo dei Saraceni. Enjoy a Welcome Dinner at the hotel tonight.

Day 3 | Bari | Polignano a Mare

Discovery: *Bari.* Take a walking tour through this seaport, where colorful boats sway gently on their buoys and winding alleys give way to splendid churches and shrines. See the carved portal of the Basilica di San Nicola, and explore the French-influenced Murat Quarter. After, dine on regional fare for lunch.

Discovery: Wonders of Polignano a Mare.

Once a popular port for merchants and travelers, this vibrant fishing village rises from craggy limestone cliffs. Witness the medieval Marchesale Arch in the historic center, and weave through cobbled lanes bordered by artisan shops, quaint cafes and restaurants.

Enrichment: Apulia's History, Beauty and Agriculture. Discuss Apulia's rich past, and learn about its olive groves and vineyards. Gather for a Welcome Reception tonight.

Day 4 | Locorotondo | Alberobello

Discovery: Locorotondo. Travel through the Valle d'Itria to picturesque Locorotondo. Notice the narrow houses brandishing pointed gable roofs. Locorotondo's historic center features stone staircases, balconies draped with flowers and quaint parks.

AHI Connects: Family Winery.

Visit a family-owned vineyard that grows white grape varietals such as Verdeca, Bianco d'Alessano and Fiano Minutolo. Enjoy a tour of the property and learn about the family's combination of traditional and modern winemaking techniques. See the property's new cellar, ancient farmhouse and vineyards. Then sample wine made from native white grapes and enjoy the peaceful ambience of this retreat over a light snack.

Discovery: *Trulli of Alberobello.* Discover Alberobello's ancient, dome-shaped trulli, which are pieced together using stones without mortar. Legend claims that peasant owners used this prehistoric construction technique in order to quickly disassemble their houses. Alberobello is home to more than 1,000 trulli!

Enrichment: Slow Food and the Mediterranean Diet. Learn about this region's mindful, communal style of eating, where meals are savored and eaten slowly.





Day 5 | Lecce | Ostuni

Discovery: *Barocco Leccese*. Witness whimsical Barocco Leccese architecture, where cherubs, caryatids, garlands and lyrical scrolls compete for space on fanciful façades. In the heart of Piazza Sant'Oronzo, see Le Colonne Romane, which marked the end of the Roman Appian Way, and the ruins of a Roman amphitheater that held 20,000 spectators. Visit the Basilica di Santa Croce, an elaborate canvas of sculptural brilliance.

Free Time: Indulge in leisure time for lunch, and explore Lecce's treasures on your own.

Discovery: The White City. Journey to Ostuni, where whitewashed buildings cascade from a hilltop perch. Uncover the city's cultural riches and revel in Mediterranean vistas of olive groves and seascapes during a walking tour.

Gather for a dinner of traditional regional cuisine. Typical meals often include focaccia, locally sourced meats, crusty breads, seasonal vegetables or *orecchiette*, a local pasta dish.

Day 6 | **Polignano a Mare**

Free Time: Enjoy a full day at leisure. Visit the beach, Cala Porto, or relax with a cool drink in the town's square, Piazza Vittorio Emanuele II.

Day 7 | Matera

Discovery: Matera - A 2019 European Capital of Culture. Journey through the remote region of Basilicata to Matera, home to honeycombed dwellings called Sassi. Carved from limestone tufa, these prehistoric caverns were continuously inhabited until 1952 when the government relocated the population.

Savor southern Italian cuisine during lunch.

Enrichment: Contemporary Italy.

Compare the rich cultural heritage and lifestyle of Apulia with its northern neighbors.

Day 8 | Trani | Bisceglie

Discovery: Trani, the Pearl of Apulia.

Take a walking tour of Trani, renowned for its fresh seafood, bustling harbor and notable Jewish history. Witness the 12th-century



Above: Ancient Roman amphitheater and ruins, Lecce Right: Cathedral tower, Trani





UNESCO World Heritage

- 1. The Trulli of Alberobello
- 2. The Sassi and the Park of the Rupestrian Churches of Matera

seafront cathedral dedicated to Saint Nicholas the Pilgrim, and view a defensive fortress built by Emperor Frederick II. In the Jewish neighborhood, see well-preserved, beautiful synagogues that date from the Middle Ages.

AHI Connects: Olive Mill Outing.

Visit a family-run olive mill in the blissful, sunbaked countryside. Learn about the history and cultivation process of olives. Unwind over lunch and gather with the mill's employees or owners to discuss life in Italy.

Tonight, gather with your fellow travelers and raise a toast to your adventure at a Farewell Reception and Dinner.

Day 9 | In Transit

Following breakfast, transfer **3** to Bari airport for the return flight **4** to your gateway city.

Note: Itinerary may change due to local conditions.

♣ Flights and ♠ transfers included for AHI FlexAir participants.

A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

Excursions on this program require:

- walking on cobblestones, unpaved paths or uneven surfaces
- ▶ getting on/off motor coaches

INCLUDED FEATURES

Accommodations (with baggage handling)

 7 nights in Polignano a Mare, Italy, at the first-class Hotel Covo dei Saraceni.

Extensive Meal Program

 7 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

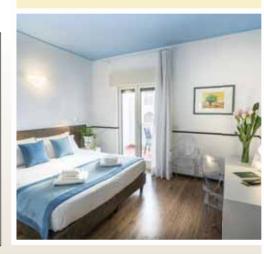
Your One-of-a-Kind Journey

- AHI Travel Assurance plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- Expert-led Enrichment programs enhance your insight into the region.
- Discovery excursions highlight the local culture, heritage and history:
 - Tour the highlights of historic Bari.
 - Explore picturesque Polignano a Mare.
 - Travel through the Valle d'Itria to tranquil Locorotondo.
 - Enjoy local flavors at a family vineyard.
 - See Alberobello's mysterious trulli.
 - Gaze at Lecce's beautiful architecture.
 - Discover the "White City" of Ostuni.
 - Witness Matera's unique Sassi.
 - Stroll through Trani, a beautiful seaport.

- NAHI Sustainability Promise:

Striving for a positive, purposeful impact on the destinations we visit: preserving the environment, supporting local communities and giving back to the places we travel.

- AHI Connects: Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



AHI Travel Expertise

From your reservation to your return home, we're here to ensure you have the adventure of a lifetime.

Before you go:

- ➤ **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ➤ Passenger Service Representative | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.
- ➤ **Travel Information** | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

Once you arrive:

Our top-notch, dedicated team takes your adventure to the next level! Share a laugh, learn where to find the best café and enjoy their unique perspectives on the local scene.

- ➤ **Travel Director** | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you'll enjoy a seamless, unforgettable travel experience.
- ▶ Expert Guides | Who better to show you around than the people who live there? We've specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.



Hotel Covo dei Saraceni | Polignano a Mare

With breathtaking views of Polignano a Mare's Cala Porto cove, the Hotel Covo dei Saraceni sits in one of the world's most enchanting locations. Traditional wood, wrought iron and ceramic tile touched with modern elegance and airiness are hallmarks of this property. At the end of an adventurous day, relax on the restaurant's terrace and enjoy local and regional cuisine.

Apulia ~ Undiscovered Italy

Trip #:6-26681W

To reserve your place on tour, please complete this Reservation Form and email it to travel@alumni.ucla.edu, or fax to 310-209-4271.

Once UCLA Alumni Travel receives this request, AHI will contact you regarding your deposit payment. Your reservation is not confirmed until

your deposit is paid and processed. If paying by check, please make check payable to AHI Travel and include with the form.

Send to:

AHI Travel. International Tower - Suite 600. 8550 W. Bryn Mawr, Chicago, IL 60631



Phone: 310-206-0613 | Fax: 310-209-4271 Email: travel@alumni.ucla.edu

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☐ First Class ☐ Business Class ☐ Premium Economy

■ No thanks! I/we will book my/our own air travel and transfers.

Reservations are subject to availability and processed on a first-come, first-served

basis. Reservations to be paid in full by 75 days prior to departure. Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Please note: Program-specific terms and conditions are available on our website on the trip page, you can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

PROGRAM DATES

Air Program dates: May 18-26, 2022 Land Program dates: May 19-26, 2022

LAND PROGRAM

Full Price Special Savings **Special Price*** \$3,445 \$250 **\$3,195**

*Special Price valid if booked by the date found on the address panel.

VAT is an additional \$295 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.

Let us arrange your flights!

AHI FlexAir

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ price guarantee to protect you from fuel surcharge increases after ticket purchase.
- arrival and departure transfers on group dates.
- flexibility to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ➤ assistance in the event of schedule changes or delays.

Travel stress-free with AHI FlexAir.



TRAVEL WITH CONFIDENCE

For more than half a century, our dedicated team has helped travelers explore the world safely and securely.

To offer you added peace-of-mind, we've fine-tuned all facets of your travel experience:

- ✓ Included AHI Travel Assurance covers travel- and health-related contingencies. Available for U.S. residents only.
- Increased booking flexibility and relaxed cancellation penalties.
- ✓ Home support staff and ground team communicating 24/7 to ensure a seamless and safe journey.
- ✓ Travel Directors specially trained to the highest standard in accordance with AHI's health and safety protocols.
- ✓ A global network of partners rigorously following new procedures and protocols.
- Enhanced sanitization practices for river ships, hotels, trains and motor coaches.
- Tour operations modified for smaller groups and greater physical distancing.
- ✓ Hand sanitizer available for guest use.





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24 TRAVELERS SMALL GROUP **MAXIMUM OF** Polignano a Mare

Explore, experience, taste and treasure the riches of Apulia!

Please call or refer to our website for the most current

program information, discounts and pricing.

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

- With AHI you can rely on:
 Experienced Travel Directors who attend to every detail of your journey.
 An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
 - Safety and security.



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