



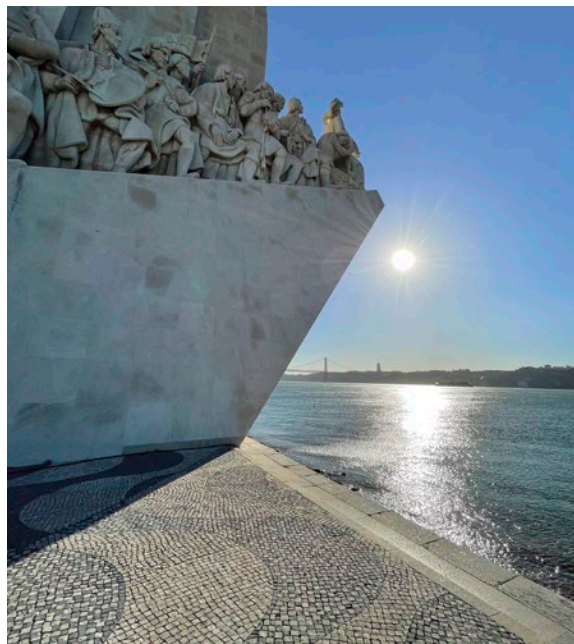
**NO SINGLE  
SUPPLEMENT  
for Solo  
Travelers**

# Romance of the Douro River

Lisbon | Porto | Alto Douro Wine Region

## Inspiring Moments

- ▶ Travel through the rolling hills of the Alto Douro wine region and visit a *quinta* for a **port tasting**.
- ▶ Walk in the footsteps of Portuguese aristocracy at **Mateus Palace**.
- ▶ Gaze in wonder at the renowned **University of Coimbra**.
- ▶ Delve into Portuguese history at **Guimarães**, the city considered to be the birthplace of Portugal.
- ▶ Explore **Porto's** maze of medieval alleys and colorful neighborhoods.
- ▶ Appreciate the splendor of **Salamanca**, an elegant Spanish city.
- ▶ Follow the historic path of great explorers in **Lisbon**.
- ▶ Experience six **UNESCO World Heritage sites**.



Monument to the Discoveries, Lisbon

The romantic Douro River winds through Northern Portugal, delivering a landscape of sculpted hills and terraced vineyards. Begin your journey with three nights in Lisbon, following the wake of great explorers. Continue to Porto, a delightful mosaic of scarlet and gold architecture. Then embark on a seven-night cruise along the stunning Douro River. Pass by storybook villages while sailing through the valley where Portugal's famous wine is produced. Witness Vila Real and Lamego, and spend a day in the Spanish city of Salamanca. Along the way, choose from included excursions, such as cycling, historic tours and more.

## Day-by-Day Itinerary

### Day 1 | In Transit

Depart for Lisbon, Portugal. 🌐

### Day 2 | Lisbon, Portugal

Transfer 🚗 and check in to the Dom Pedro Lisboa. Meet your fellow travelers at a Welcome Reception.

### Day 3 | Lisbon

**Discovery: Lisbon.** Lisbon welcomes visitors with its beautiful architecture and seafaring history. Begin with a drive downtown along the Avenida da Liberdade, passing the Marquis of Pombal and Black Horse squares. Then gain insight into Lisbon's maritime history at the Tower of Belém and the Monument to the Discoveries, which honors those who played integral roles in Portuguese exploration. Enjoy a visit to the Ajuda National Palace for insight into Lisbon's cultural and historical past. Wrap up the outing in the Graça district and get a glimpse of local life.

**Free Time:** Craft your own path through Lisbon.

🌐 **Elective | Fado Dinner.** Enjoy a musical performance and the flavors of Portuguese cuisine. *Fado*, a traditional Portuguese musical genre, features soul-stirring guitar and vocal arrangements.

### Day 4 | Lisbon

**Free Time:** Enjoy a full day at leisure in Lisbon.

🌐 **Elective | Sintra, Cascais and Estoril.** In Sintra, see exquisite European Romantic architecture and intricate landscape architecture, followed by a guided tour of the National Palace of Sintra. After lunch, enjoy a guided walk in Cascais and drive through the chic town of Estoril. These picture-perfect towns boast stretches of golden sands, galleries and fine restaurants, making them popular summertime and holiday retreats.

**Enrichment: Contemporary Portugal.**

### Day 5 | Óbidos | Coimbra | Porto

**Discovery: Óbidos.** Explore hilltop Óbidos with its





white houses and flower-filled lanes. Admire how the city's pretty architecture seamlessly blends styles from the Middle Ages onwards.

Continue to Coimbra and enjoy a group lunch.

**Discovery: Coimbra.** Portugal's medieval capital features many wonderful monuments and buildings. Visit the prestigious University of Coimbra, St. Michael's Chapel and a historic ceremonial hall.

Arrive in Porto and embark your first-class river ship. Later, kick off your exciting cruise during a Welcome Reception and Dinner with your shipmates.

#### Day 6 | Porto

**PYJ | Choose one of the following excursions:**

•**Porto City Tour.** Explore vibrant Porto. Visit the Palácio da Bolsa, the historic Stock Exchange and the Igreja da São Francisco. Cap off your outing at a port wine cellar.

•**Porto by Tram and Flavors of Porto.** Hop aboard a tram to see Porto. At the Museu do Carro Elétrico, browse a collection of trams including cars pulled by horses. Enjoy tasting local specialties.

**Free Time:** Your afternoon is at leisure in Porto.

**Enrichment: Douro Wine Country.**

**Discovery: "Tuna" Band.** Be entertained by a local singing group in traditional dress.

#### Day 7 | Porto | Peso da Régua

**PYJ | Choose one of the following excursions:**

•**Guimarães, Cradle of Portugal.** Discover Guimarães on a walking tour. Step inside Igreja de Nossa Senhora da Oliveira and visit the Palace of the Dukes of Braganza.

•**Douro Walk and Port Wine Tasting.** Take a guided walk along the Atlantic coastline and the Douro. Pass through São Pedro da Afurada, and sample local port at a wine cellar. (Active)

Return to your ship and settle in for lunch while cruising along the beautiful river.

#### Day 8 | Vila Real | Barca d'Alva

**Discovery: Vila Real.** Travel through vineyard-covered countryside to Vila Real. View an array of churches and try *cristas de galo*, the pastry for which the town is famous. Visit the Solar de Mateus, a baroque palace with manicured gardens.

Dine on regional favorites over lunch.

**Discovery: Sevillanas.** After dinner, enjoy a captivating performance, featuring a Spanish folk dance.

#### Day 9 | Barca d'Alva | Salamanca, Spain

**PYJ | Choose one of the following excursions:**

•**Salamanca City Tour.** On your drive to the historic



university town of Salamanca, pass through scenery brimming with lovely villages, olive groves and farms. Upon arrival, visit an ornate cathedral and tour the famous university.

•**Salamanca by Bike.** Join a guided bicycle tour along the Río Tormes and the Old Town, and visit Salamanca's cathedral and university. (Active)

After your outings, enjoy lunch and free time.

#### Day 10 | São João da Pesqueira | Pinhão

Spend a relaxing morning aboard the ship.

**Discovery: Porto's Wine Road.** Drive through the scenic Alto Douro wine region. Stop at the stunning viewpoint of São Salvador do Mundo for views over the Douro Valley. Visit the pretty town of São João da Pesqueira for a short walking tour and free time. Visit a *quinta*, a winery, for a tour of the facilities, an informative presentation about making port in the Douro Valley and a tasting of the product.

#### Day 11 | Lamego | Porto

**Discovery: Lamego.** Lamego, one of Portugal's loveliest towns, sits in the heart of the Douro River Valley. Visit Santuário de Nossa Senhora dos Remedios, an 18th-century baroque church. Admire the granite staircase adorned with *azulejos*, Portugal's famous blue-and-white tiles. Following your tour, walk down the steps or take a motor coach to the town center where you are free to browse at your leisure.

Spend your final afternoon sailing the Douro Valley.

Tonight, celebrate the end of your exciting river journey at a Farewell Reception and Dinner.

#### Day 12 | In Transit

Transfer to the airport for the return flight

## Included Features

**Accommodations** {with baggage handling}

- **3 nights** in Lisbon, Portugal, at the first-class Dom Pedro Lisboa.
- **7 nights** aboard the **exclusively chartered**, first-class MS Amalia Rodrigues.

**Transfers** {with baggage handling}

- Deluxe motor coach transfers during the Land | Cruise Program.

**Extensive Meal Program**

- 10 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; all drinks included on board except special wines and spirits.
- Opportunities to sample authentic, local cuisine.

**Your One-of-a-Kind Journey**

- **AHI Travel Assurance** plan covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- **Discovery excursions** highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **PYJ | Personalize Your Journey**  
A choice of excursions in each locale.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- **Electives** to pursue your individual interests.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



## 2023 Departures & Pricing

### May 20-31, 2023

Full Price from \$4,745

Special Savings \$250

**Special Price from \$4,495\***

**\*See website for complete category pricing.**

\*Special price available for a limited time. Call for details.

VAT & port tax supplement are an additional \$395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

**Single supplement waived for solo travelers!** This offer is limited, capacity-controlled and tends to sell out quickly.

Program-specific terms and conditions are available at <https://ucla.ahitravel.com/destinations/1716A?schoolid=170>. You can also request a copy from our travel experts.

**Note:** Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

Flights and transfers provided for AHI FlexAir participants.

Electives available at an additional cost.