



# SUPPORTING YOUR BRUIN'S EXPERIENCE



## GET INVOLVED & SUPPORT YOUR BRUIN

There are many ways to participate at UCLA. Parents and families can attend events on campus and in their local areas. There are also opportunities to volunteer at events throughout the academic year.

### PARENT & FAMILY VOLUNTEERS

Each year, volunteers assist with campus initiatives, participate in outreach to fellow Bruin families and host regional events. Annual programs and events include:

- Bruin Day & Transfer Bruin Day
- Coffee Socials
- New Bruin Send-offs
- Move-In Weekend
- Bruin Family Weekend
- ... and more!

### BECOME AN AMBASSADOR

Apply to become a member of the Parents' Council, the UCLA Parent & Family Association's premier volunteer organization. As ambassadors for UCLA, council members engage with current and prospective families to foster connections in support of the University, volunteer their time and talents to the campus community and represent the parent perspective on the UCLA experience. Applications are open April to July each year.



## WHO WE ARE

**THE PARENT & FAMILY ASSOCIATION**, housed within the UCLA Alumni Association, collaborates with offices and departments throughout campus to help parents and families understand the student experience, support student learning, and empower students to take personal responsibility for their social and academic choices.

**AN INFORMED AND SUPPORTIVE FAMILY** plays an integral role in a student's educational success. To that end, our office serves as the first stop for UCLA-related questions, needs and resources.



### CONNECT, LIKE, FOLLOW, SHARE!

Join our growing social media community and get the latest news, important deadlines, upcoming events, and information on and around campus.

 [@uclaparents](https://www.facebook.com/uclaparents)

 [@ucla\\_parents](https://www.instagram.com/ucla_parents)





## STAY INFORMED

### PARENT & FAMILY WEBSITE

**[parents.ucla.edu](https://parents.ucla.edu)**

Our website provides families with tools and resources to make the most out of UCLA. The website includes information about student life, academic expectations, student services, key dates, campus resources and University news.

### PARENT & FAMILY GUIDE

The Parent & Family Guide is an invaluable resource that advises families on helping their students master the transition to UCLA with information about University policies, housing, dining and health options offered on campus. This guide is distributed at New Parent & Family Orientation and is also available by request through the Parent & Family Association.

## CONNECTING FAMILIES TO UCLA

### BRUINLINK

Our digital newsletter includes perspectives from UCLA faculty, staff, parents and students. It is designed to inform families of University trends, special events and topics related to supporting a college student.

### BRUIN FAMILY INSIGHTS

Hear perspectives from a variety of UCLA community members in this podcast series just for Bruin families! Episodes explore a wide range of topics intended to help you get to know UCLA better and encourage your student to thrive in college and beyond. Our latest discussions and episode archive can be found at **[parents.ucla.edu/BFI](https://parents.ucla.edu/BFI)**.

***"It's been immensely rewarding working with UCLA staff who guide Parents' Council, and meeting students and their families through volunteer opportunities."***

- Bruin Parent & Alumna



## PARENT & FAMILY ASSOCIATION

**HELPLINE: 310-794-6737**

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**[parents.ucla.edu](https://parents.ucla.edu)**



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