

UCLA

**PARENT &
FAMILY**
GUIDE



ACADEMIC CALENDAR 2025-26

Fall Quarter 2025

Sept 22	Quarter begins
Sept 25	Instruction begins
Oct 10	Study List deadline
Nov 11	Veterans Day holiday
Nov 27-28	Thanksgiving holiday
Dec 5	Instruction ends
Dec 6-7	Common final exams
Dec 8-12	Final examinations
Dec 12	Quarter ends
Dec 15-Jan 2	Winter Break
Dec 24-25	Christmas holiday
Dec 31	New Year's Eve holiday
Jan 1	New Year's Day holiday

Winter Quarter 2026

Jan 2	Quarter begins
Jan 5	Instruction begins
Jan 16	Study List deadline
Jan 19	Martin Luther King Jr., holiday
Feb 16	Presidents' Day holiday
Mar 13	Instruction ends
Mar 14-15	Common final exams
Mar 16-20	Final examinations
Mar 20	Quarter ends

Spring Quarter 2026

Mar 25	Quarter begins	June 5	Instruction ends
Mar 27	César Chávez holiday	June 6-7	Common final exams
Mar 30	Instruction begins	June 8-12	Final examinations
April 10	Study List deadline	June 12	Quarter ends
May 25	Memorial Day holiday	June 12-14	Commencement

Visit the Registrar's Office website for current and future academic calendars:

registrar.ucla.edu/Calendars/Overview

ORIENTATION SCHEDULE

** Locations subject to change*

8:00am - 8:45am	Check-in	Broad Plaza
8:45am - 9:15am	Meet Your New Student Advisor (NSA)	Broad Plaza
9:15am - 9:45am	Joining the Bruin Family: Welcome to UCLA!	Broad 2160E
9:45am - 10:15am	Joining the Bruin Family: The Student Perspective	Broad 2160E
10:15am - 10:30am	Break	Broad Plaza
10:30pm - 10:50pm	ASUCLA: Our Student Association	Broad 2160E
10:50am - 12:00pm	Academics & Course Enrollment	Broad 2160E
12:00pm - 1:00pm	Lunch	Coral Tree Walk
1:00pm - 1:30pm	Travel With Your New Student Advisor	Broad Plaza
1:30pm - 2:00pm	Your Family & UCLA	Moore 100
2:00pm - 2:45pm	Keeping Our Community Safe	Moore 100
2:45pm - 3:00pm	Break	Kerckhoff Patio
3:00pm - 3:45pm	Navigating College Finances	Moore 100
3:45pm - 4:15pm	Be Well, Bruin!	Moore 100
4:15pm - 4:45pm	Campus Housing	Moore 100
4:45pm - 5:00pm	Destination: Fall Quarter	Moore 100
5:00pm - 6:00pm	Resource Fair	Ackerman Grand Ballroom, Ackerman 2nd floor
5:00pm - 6:30pm	Shopping Time in the UCLA Store	UCLA Store (Ackerman B-Level)
5:00pm - 6:30pm	NSAs Walk You Back to Lot 3	From Kerckhoff Patio

NEW STUDENT & TRANSITION PROGRAMS

Welcome to the Bruin Family!

Congratulations! We are honored that your student is now officially a member of our campus community. The goal of New Student & Transition Programs (NSTP) is to provide all incoming students with the proper resources to successfully transition into UCLA. With a staff of approximately 100 undergraduate students, known as New Student Advisors (NSAs), NSTP oversees New Student Orientation and Parent & Family Orientation aimed to provide a comprehensive welcome to UCLA. In addition to new student and family orientation, NSTP also hosts transition programs throughout the academic year to help ensure students are succeeding in their first year at UCLA. Some of these programs include "Orientation Part 2," the "New Student Mentoring Network," and "True Bruin Traditions Keeper."



Now is the time to delve into all that UCLA has to offer, not only for your student, but for you as well. This guide includes information and resources to help you stay informed and navigate UCLA alongside your Bruin. UCLA encourages parents, guardians, and supporters to foster a relationship with your student that is grounded in trust, and encourages them to share information with you about their college journey. We recommend utilizing the "Topics to Discuss with Your Student" sections included within each area of this guide for suggested areas of communication. We wish you and your student an enjoyable experience as members of the UCLA community, and hope we can continue to be a resource for you down the road.

UCLA

Undergraduate Education

**New Student &
Transition Programs** @UCLANewStudentswww.newstudents.ucla.edu

PARENT & FAMILY INVOLVEMENT

The Parent & Family Association

Communication between you and your student during college may change slightly – or dramatically. But no matter how that communication shifts, the Parent & Family Association (PFA) serves as an on-campus resource for families to understand how to navigate and support the myriad of developmental opportunities your student may encounter.

All parents, legal guardians, and other family members of UCLA undergraduate students are automatically members of the UCLA Parent & Family Association, which keeps Bruin families informed of university trends and special events and provides opportunities for involvement, from volunteering to philanthropy, on campus and regionally.

PFA serves as the first stop for UCLA-related questions and needs, providing resources like a comprehensive website with tools for navigating UCLA; Bruin Family Connect, a quarterly digital newsletter; and a dedicated helpline and email address for parents and families. PFA also offers opportunities for parents and family members to participate in University life through a variety of volunteer opportunities like joining our premier volunteer organization Parents' Council or hosting a regional Bruin Family Social event.

Parent & Family Giving

As you develop a connection to UCLA, your philanthropic support is a meaningful way to improve the student experience and deepen your involvement as parents. Every gift makes a difference. The Office of Parent & Family Giving will connect your passion to your philanthropy at UCLA.





TOPICS TO DISCUSS WITH YOUR STUDENT

HOW TO ENCOURAGE AND BE A SUPPORT FOR YOUR STUDENT

- “How frequently would it be ok to check in with you?”
- “Could we set up times to connect/check in with you?”
- “If nearby, can we visit you? How much notice would you like?”
- “Should we visit/Would you like us to visit for Bruin Family Weekend?”

COMING HOME



- “When/how often would you like to come home?”
- “How do we respect your independence while balancing house rules when you’re at home?”

CONTACTS

UCLA

Parent & Family Association

Helpline: (310) 794-6737
mybruinis@ucla.edu
parents.ucla.edu

 UCLA Parents
 @ucla_parents

UCLA

Development

Parent & Family Giving

(310) 794-2345
parentgiving@support.ucla.edu
giveto.ucla.edu

Bruin Family Weekend

November 7-8, 2025

bruinfamilyweekend.ucla.edu/

FERPA & THIRD-PARTY ACCESS

Student Privacy

UCLA recognizes that the role of parents or family members does not end once the student begins college. However, it is important to note that the U.S. Department of Education developed the Family Educational Rights and Privacy Act (FERPA) which states that once a student turns 18 or attends a school beyond the high school level, the university cannot release information about the student to anyone — even parents or other family members. FERPA's domain includes (but is not limited to) grades, disciplinary proceedings, billing, and financial aid.



While a parent/guardian understandably has an interest in their student's academic progress, they are not automatically granted access to the student's records without the student's written consent.

The majority of your student's records are restricted (e.g., academic transcript, financial aid information, billing information, phone number, courses enrolled, grades, grade point average) and requires their consent to release or share (e.g., parents, guardians, employers).

Third-Party Access

In order to assist students and families in working together within the guidelines of FERPA, UCLA's MyUCLA helps students manage their own records from the time they are applicants, during their studies, and even after graduation. MyUCLA allows students to set up third-party access to certain information for parents or guardians.

Students can grant access by individual function. Third parties can view Study List, Degree Audit Report (DAR), Grades and GPA, Registration Status, Holds, BruinBill Account, Financial Aid, and Address. Students can authorize third parties to have view-only access to their student records and direct access to their BruinBill account. In addition, the student can elect to have the third party receive billing emails.

Please be advised that being granted third-party access on MyUCLA is not equivalent to having filled out a universal FERPA waiver at UCLA. Currently, there is no universal waiver form for the campus.





TOPICS TO DISCUSS WITH YOUR STUDENT

COMMUNICATION AND INFORMATION SHARING

- *“What level of privacy do you want for your personal information?”*
- *“Given that we are your family/paying the bill/other reason, what would you be willing to let us have access to via Third Party Access?”*
- *“How can we best keep each other up to date about what’s going on in our lives?”*
- *“Do you know how to protect your personal information?”*

CONTACTS

UCLA FERPA policy

registrar.ucla.edu/student-records/student-rights-privacy

UC System FERPA policy

ucop.edu/uc-legal/_files/ed-affairs/ferpa101.pdf

FERPA and Third-Party Access

parents.ucla.edu/about-us/ferpa3rd-party-access

To set up Third-Party Access, visit my.ucla.edu and create your own logon. Your student can then grant third-party access through their settings tab.

ACADEMICS

The UCLA Degree

UCLA seeks to provide students with a liberal arts education that brings together perspectives from many subjects to supplement and prepare students for their focused work in one field (their “Major”). Most UCLA undergraduate degrees will include:

University Requirements:	ensure students have a baseline knowledge in writing and U.S. institutions.
College or School Requirements:	vary by school; prepare students for deeper academic writing, or ensure baseline knowledge in mathematics and/or a foreign language.
Diversity Requirement and General Education:	students will explore varied perspectives and make connections between fields.
Preparation for the Major:	courses preparing students for further study in their chosen field.
Major Requirements:	deeper study in the student’s chosen field(s).
Electives:	courses taken for interest or for an additional major or minor. No single major at UCLA will grant a student the minimum units required for graduation, so exploring electives is part of their degree.

Counseling Units

WHO DOES MY STUDENT SEE FOR ACADEMIC ADVISING?

There are two main avenues for academic advising from professional staff, depending on what your student needs help with. College or School Advisors handle general academic questions, and assist with questions about University, School, or College requirements and General Education. These are the advisors found in the offices for each school, such as the College of Letters and Science, School of Engineering and Applied Sciences, or School of Nursing. Departmental Counselors are housed within each academic department on campus and assist with Major- or Minor-specific questions. These are the advisors found in departments like Political Science, Chemistry & Biochemistry, or Art History.

UCLA Academic Advising Mission: Academic Advising at UCLA is committed to fostering student development in ways that help students thrive intellectually, professionally, and personally, here and beyond. As a critical component of the University’s mission, advisors guide students through their transitions, create spaces that encourage them to engage with their diverse communities of scholars, expose them to new ideas and experiences, and prepare them for life after UCLA. Quality advising inspires both students and advisors to be change-agents, leaders, and valuable contributors to our diverse and ever-changing world.

Registrar
registrar.ucla.edu

MyUCLA
my.ucla.edu

General Catalog
catalog.registrar.ucla.edu

UCLA College
college.ucla.edu



TOPICS TO DISCUSS WITH YOUR STUDENT

EXPLORING ACADEMIC MAJORS AND PROGRAMS

- “What areas of study sound interesting to you?”
- “What do you want to major in?”
- “What do you enjoy most about your classes?”

UTILIZING RESOURCES FOR ACADEMIC SUPPORT

- “Do you know how to find academic advising?”

MANAGING THEIR TIME IN THE QUARTER SYSTEM

- “How will you balance your academics and social life?”
- “What do you think might be different in terms of studying for class at UCLA?”

CONTACTS

Academic Advancement Program

(310) 206-1551

aap.ucla.edu

Center for Academic Advising in the College (CAAC)

(310) 825-3382

caac.ucla.edu

Honors Programs

(310) 825-1553

honors.ucla.edu

Intercollegiate Athletics

(310) 825-8699

uclabruins.com

School of the Arts and Architecture

(310) 206-3564

arts.ucla.edu

School of Education and Information Sciences

(310) 825-8326

seis.ucla.edu

Samueli School of Engineering and Applied Science

(310) 825-9580

samueli.ucla.edu

The Herb Alpert School of Music

(310) 825-4761

schoolofmusic.ucla.edu

Luskin School of Public Affairs

(310) 794-4080

luskin.ucla.edu

School of Nursing

(310) 825-0303

nursing.ucla.edu

School of Theater, Film and Television

(310) 206-8441

tft.ucla.edu

Fielding School of Public Health

ph.ucla.edu

CO-CURRICULAR OPPORTUNITIES

Study Abroad

UCLA offers over 200 study abroad programs in more than 40 countries. Students can choose from: UCLA faculty-led summer programs called Travel Study, summer internships for various UCLA majors and career tracks through the Global Internship Program, and the UC-wide Education Abroad Program (UCEAP). Courses taken may be counted towards major, minor, or GE requirements, and students can spend a summer, semester, quarter, or year abroad.

Undergraduate Research Centers

Conducting undergraduate research helps students explore their interests, gain experience, and develop skills. Staff in the two Undergraduate Research Centers help students find their place in the research community and provide information about undergraduate research programs.

Volunteer Center

The UCLA Volunteer Center seeks to inspire the extended UCLA family and the community at large to create social change through lifelong participation in volunteer programs or civic engagement. The UCLA Volunteer Center is your student's first stop to find out how to get involved in community service work as a student.

Career Center

The Career Center helps Bruins develop professional skills, connect with opportunities in fields of interest, and prepare for a career after UCLA. Through abundant resources, job fairs, internship listings, workshops, and more, the Career Center is a great place to visit at any time in their UCLA journey.





TOPICS TO DISCUSS WITH YOUR STUDENT

ENHANCING THEIR EDUCATION

- “What are some other ways to enhance your education (i.e. research, study abroad, etc.)?”
- “How will you connect your activities to your studies?”
- “Other than academics, what are some other ways you can start working toward your future goals?”
- “How might you find learning opportunities outside of the classroom?”
- “What could you learn from co-curricular or extracurricular activities?”
- “What skills can you best develop in the classroom, and what skills can you best develop in your co- and extra-curricular activities?”

CONTACTS

Career Center

(310) 206-1915

questions@career.ucla.edu

Volunteer Center

volunteer.ucla.edu

Undergraduate Research Center - Sciences

sciences.ugresearch.ucla.edu

Undergraduate Research Center - Humanities, Arts, and Social Sciences

hass.ugresearch.ucla.edu

FINANCIAL RESOURCES

BruinBill

All students are assigned a BruinBill account which records all charges and payments associated with registrations, housing, and transportation; as well as other service charges, like health insurance. Your student's BruinBill is available to manage nearly 24/7; login to MyUCLA and click on Finances & Job, then BruinBill.

Fees are assessed monthly. Each month, your Bruin will receive an automated e-Bill reminder to a designated email account (selected via the Settings section of MyUCLA). Payments are due on the 20th of the month following the posting date of the charge. If the 20th falls on a weekend or a holiday, the due date is the last business day prior to the 20th. If your student has questions about their BruinBill and the charges listed there, they should contact Student Accounts.

Financial Aid and Scholarships Office

The Financial Aid and Scholarships Office awards and disburses aid to offset educational costs. This office can assist with questions about Grants, Work Study, Scholarships, and Federal Loans.

Center for Scholarships & Scholar Enrichment

The Center for Scholarships & Scholar Enrichment provides scholarship information, resources and support services to students regardless of financial aid eligibility, including counseling, books, workshops, and application essay support.

Student Job Opportunities

There are numerous opportunities on campus for students to work at UCLA. These can be found in a variety of areas, including ASUCLA (the organization running our student union, campus restaurants, UCLA store, and more - and the largest student employer on campus), Housing & Residential Life, New Student & Transition Programs, academic advising, academic departments, event services, and much more. Students should consult individual areas for job opportunities and details like the option for work-study.

Veteran Resource Center

The Veteran Resource Center (VRC) increases campus awareness of the challenge's military-connected students face and works to foster a sense of belonging and community for military-connected students. The VRC provides academic support, career development, and community building opportunities for all military-connected students who have served, are currently serving, or are affiliated with the United States Military. The VRC also provides support to military-connected students at UCLA by processing both California state and federal Veteran education benefits such as the CalVet Fee Waiver, Post 9/11 GI Bill, and Dependents Education Assistance programs, and many other VA related benefits that a military connected student may be qualified for.



TOPICS TO DISCUSS WITH YOUR STUDENT

- *"Do you know how to create and stick to a budget?"*
- *"Do you want/need a job while at UCLA?"*
- *"Who is responsible for which UCLA expenses?"*
- *"Do you know how to set-up or use a checking/savings account?"*
- *"Do you understand how loans work?"*
- *"Do you plan to have a credit card(s)? Do you understand how credit works?"*

CONTACTS

BruinBill
my.ucla.edu

Financial Aid and Scholarships Office
(310) 206-0400
financialaid.ucla.edu

Center for Scholarships & Scholar Enrichment
(310) 206-2875
scholarshipcenter.ucla.edu

Student Accounts
(310) 825-9194 (option 7)
finance.ucla.edu/business-finance-services/student-accounts

Parent & Family Resource
parents.ucla.edu/financial-services/overview

Veteran Resource Center
(310) 206-6915
veteran@saonet.ucla.edu
veterans.ucla.edu

LIVING ON AND OFF CAMPUS

On-Campus Housing/UCLA Housing Services

UCLA's undergraduate on-campus housing is known as "The Hill," and is just a short walk from classrooms, laboratories, libraries, and sports facilities. Incoming first-year students are guaranteed four years of housing (if they want it). Housing Services can help with placement in the residential halls, payments, roommate selection, and Meal Plans.

UCLA Residential Life

UCLA Residential Life facilitates interactions that contribute to the academic success and personal growth of the 11,000 undergraduates living on The Hill.

Live-in staff like Resident Directors, Resident Assistants, and Faculty-in-Residence form a support network in the residential community. Students will be able to engage in numerous social and co-curricular events on their floor, in their building, or in the larger Hill community.

UCLA First Year Experience

The First Year Experience Program (FYE) supports the academic mission of the university by promoting responsible

citizenship and fostering student development for all new and continuing Bruins through outreach, programs, and resources.



Transportation & Parking

UCLA Transportation offers many programs to help students access campus and the surrounding area. These include discounted transit passes and free use of local buses, a vanpool program, discounted carpool permits, and BruinBike rentals from the UCLA Bike Shop, to name a few.

Student parking permits are extremely limited in supply and not guaranteed. Access for a single-occupancy vehicle permit is offered on a prioritization process based on class standing, housing status, and area from which they are commuting. Eligible carpoolers are given priority and pay a discounted permit rate.

Commuter Services

Commuter Support & Programs aims to advocate for Bruin commuters' academic, co-curricular, and transportation needs and create visibility for the commuter student experience across the university.

BruinHub

The BruinHub is an on-campus space designed to meet the needs of students who commute long distances to campus. We have two locations located at the John Wooden Center and Strathmore Building.



TOPICS TO DISCUSS WITH YOUR STUDENT

- *"Have you thought about what it will be like to share space with new roommates?"*
- *"How will you manage conflicts with roommates?"*
- *"Do you know what a Resident Assistant is and how they can help you?"*
- *"Do you know how to do laundry without shrinking your clothes or turning them pink?"*
- *"How will you manage homesickness?"*

CONTACTS

UCLA Housing
(310) 206-7011
housing.ucla.edu

Residential Life
(310) 825-3401
reslife.ucla.edu

First Year Experience
firstyearexperience.ucla.edu

Commuter Services
commuterstudents.ucla.edu

BruinHub
commuterstudents.ucla.edu/bruinhub

Student Parking
(310) 794-7433
transportation.ucla.edu/campus-parking/students

Bruin Commuter and Support Programs
campuslife.ucla.edu/commuter-support-programs

SAFETY

UCLA Police Department

The UCLA Police Department is part of the statewide UC Police system that provides quality public safety services and innovative programs to serve the university community. UCPD sets a standard of excellence in law enforcement and serves a multicultural educational environment of over 75,000 faculty, staff, and students. The department employs about 64 sworn officers, 42 civilians, and 130 students.

Bruins Safe Online (BSO)

Bookmark bsu.ucla.edu, UCLA's official source of verified information during emergencies. Under normal conditions the site will state that UCLA is operating normally, but in exigent situations, the site will be updated regularly with more detailed information including campus status updates, emergency information, and incident details and response procedures including relevant links.



BruinAlert Text Messaging

BruinAlert is a UCLA system used to communicate official information during an emergency or crisis situation that disrupts normal operation of the UCLA campus or threatens the health or safety of members of the campus community.

Students with current email addresses on MyUCLA have been automatically enrolled in BruinAlert to receive email alerts. Students need to opt in to BruinAlert text alerts on MyUCLA (under "Settings"). Off-campus community members may follow @UCLABruinAlert on Twitter.

Parents and family members may sign up for BruinAlerts by texting 'BRUINALERT' to 888-777. Please note that parents and family members will only receive BruinAlert texts if the message is considered a significant University emergency. For all BruinAlerts, refer to the Bruins Safe Online website: bsu.ucla.edu.



Bruins Safe App

Students and family members may download the Bruins Safe app which provides immediate instructions related to various emergencies that could occur

on campus. Because the app does not require an internet connection, information will always be available on your phone.

During an emergency, individuals can also go to bsu.ucla.edu to see the appropriate emergency procedure as well as up-to-the-minute information.





TOPICS TO DISCUSS WITH YOUR STUDENT

- “Do you know how to navigate a big city like Los Angeles?”
- “Do you know how to use public transportation and what your options are?”
- “Do you know strategies for staying safe?” (Such as walking with friends/in groups, communicating plans with friends or family, and having an emergency contact for family members like a friend or roommate)
- “If you plan to have a car on campus, do you know the costs - including parking - and expectations, and how to maintain or get you car repaired?”
- “Are you familiar with local laws and customs?”

CONTACTS

UCLA Police Department
601 Westwood Plaza
Los Angeles, CA 90095-1364
(310) 825-1491
police.ucla.edu

**UCLA Office of
Emergency Management**
(310) 825-6800
oem.ucla.edu

UCLA BruinAlert
bruinalert.ucla.edu

Bruins Safe Online
bso.ucla.edu

HEALTH & WELLNESS

The Arthur Ashe Student Health and Wellness Center

The Ashe Center provides healthcare and education to support UCLA students. Services include Primary Care, Gynecological Services, Immunizations, Travel Medicine, Physical Therapy, Specialty Clinics, Optometry, Acupuncture, and the Center also houses its own full-service Pharmacy, Laboratory, and Radiology units.

All registered UCLA student are eligible for clinical consultation and help with referrals, treatment recommendations, and coordination of mental health care regardless of insurance plan. Students can schedule appointments online (on the Patient Portal, soon to be MyStudentChart), in person, call during business hours, or communicate with their primary care providers via secure electronic messaging, as well as Telehealth Visits which can be scheduled online. In-person and telehealth Primary Care visits become available on a rolling basis 4 days (96 hours) in advance on the Patient Portal/MyStudentChart.

Health Insurance Requirement

Health services at UCLA are accessible to all students, but associated fees will vary based on your choice of insurance. Regardless, health insurance is required for all UCLA students. The UC Student Health Insurance Plan (UCSHIP) includes medical, vision, dental, and behavioral health coverage. The cost will be automatically assessed as part of registration each term unless students who have comparable health insurance waive out of UCHSHIP. Please visit the Insurance page of The Ashe Center website for more about coverage, rates, waivers, and deadlines.

Immunizations

The UC Immunization Policy requires all newly-admitted incoming students to provide proof of vaccination or immunity to measles, mumps, rubella (MMR), pertussis (whooping cough), varicella (chickenpox), and screening for tuberculosis, prior to entering and enrolling at the University of California. The meningococcal conjugate vaccine (ACWY) is required for students age 21 and younger. Remember: Document Upload is Required! All students must submit their information electronically through The Ashe Center Patient Portal beginning in July. The University of California will permit students to request medical exception to vaccination or exception based on religious belief.

Counseling and Psychological Services (CAPS)

CAPS is UCLA's student mental health center. Services and programs include individual counseling and psychotherapy, group therapy, couples counseling, emergency intervention, and psychological testing; psychiatric evaluation and treatment; crisis consultation, mentoring programs, and organizational consultation; psychoeducational programs and workshops; and campus mental health and wellness promotion. All registered UCLA student are eligible for clinical consultation and help with referrals, treatment recommendations, and coordination of mental health care regardless of insurance plan. To initiate any CAPS services, your student must first speak with a Triage Clinician over the phone during Triage Hours at (310) 825-0768. Crisis support is available 24/7 by phone at (310) 825-0768.

Resilience In Your Student Experience (RISE)

As an extension of CAPS, the RISE Center's core mission is to uplift every Bruin's well-being by providing the education, resources, and tools needed to foster health, healing, and hope. RISE is committed to helping students build a strong foundation of resilience that includes caring for their mental wellness through daily practice.

Campus Assault Resources & Education (CARE)

The CARE program provides a safe place for survivors of sexual violence to get confidential support.



TOPICS TO DISCUSS WITH YOUR STUDENT

- *“Do you know how to access medical care? Use your health insurance?”*
- *“Do you know what to do in an emergency? Do you have emergency contacts programmed in your phone?”*
- *“Do you know how to take care of basic first aid and what is in a medicine cabinet?”*
- *“How will you approach diet and fitness on campus? Getting enough sleep?”*
- *“Have we talked about drugs and alcohol? Relationships/sex/sexuality?”*
- *“How will you meet your spiritual needs?”*
- *“Do you know what healthy self-care looks like?”*

CONTACTS

Arthur Ashe Student Health & Wellness Center
(310) 825-4073

studenthealth.ucla.edu

UCSHIP Waiver Deadline: 9-20-2025

Counseling and Psychological Services (CAPS)

(310) 825-0768

counseling.ucla.edu

Immunization Information

immunizationrequirement.ucla.edu

Immunization Deadline: 10-1-2025

Nutritional Education

housing.ucla.edu/dining-services/nutrition-education

Semel Healthy Campus Initiative

healthy.ucla.edu

Recreation

recreation.ucla.edu

Ashe Center Main Line

(310) 825-4073

Insurance Office

(310) 825-4073 (Option 4)

Billing Inquiries

(310) 206-0947

24/7 Nurse Line

(310) 825-4073 (Option 2)

Campus Assault Resources & Education (CARE)

(310) 206-2465

careprogram.ucla.edu/

CAMPUS LIFE

Student Organizations, Leadership & Engagement (SOLE)

SOLE advises over 1,300 campus organizations – there is truly something at UCLA for everyone. Students may browse these organizations and learn about getting involved at the SOLE website.

Fraternity and Sorority Life

UCLA is home to more than 65 national and local Greek-letter organizations, representing 14% of the undergraduate student population. Members of fraternities and sororities are committed to their academics, volunteerism, leadership development, and collaboration with community and campus partners.

Athletics

As the country's top overall program, UCLA Athletics are a source of pride and community, with 124 NCAA National Championships and a combined record of 22 National All-Around Excellence Awards. Students receive highly discounted tickets for football and basketball, and free entry into all other UCLA sports events. Tickets are usually purchased at the event or from the Central Ticket Office.

SAA & USAC

The Student Alumni Association (SAA) carries on many of UCLA's oldest and greatest traditions, as well as creates new ones. If your student loved "ASB," this might be one direction to go. If your student loves serving as a representative of the student body, The Undergraduate Student Association Council (USAC) is UCLA's elected student government, and has many opportunities for engagement in shared governance, campus policy and student concerns, and programming for the UCLA community.

Recreation

UCLA is frequently ranked as one of the healthiest campuses in the United States, so it is no surprise that UCLA Recreation provides extensive access to a broad range of recreational activities and services, including intramural and club sports, fitness classes, and 16 university recreational and athletic facilities. UCLA students, through their tuition and fees, have access to recreational facilities which include: the John Wooden Center, Intramural Field, Bruin Fitness Center (BFit), Marina Aquatic Center, Challenge Course, and Sunset Canyon Recreational Center.



True Bruin Traditions Keeper

This unique opportunity inspires students to actively engage in the variety or programs and events that make UCLA a memorable experience and culminates in earning an official UCLA medal that can be worn at graduation.

Associated Students UCLA (ASUCLA)

ASUCLA manages Ackerman Student Union, the UCLA Store (including Textbooks and the Computer Store), and campus restaurants, and hosts programs, provides study and meeting space, and offers job opportunities to many students.



TOPICS TO DISCUSS WITH YOUR STUDENT

- *“What kind of communities do you want to find at UCLA? Have you thought about how to find and build community in this new environment?”*
- *“There will be a lot of opportunities at UCLA and it’s all on your own time. How will you balance academic and social life?”*
- *“Are you planning to get involved in any clubs or organizations at UCLA?”*
- *“Are you thinking about doing activities that give back to the campus and local communities?”*

CONTACTS

**Student Organizations,
Leadership & Engagement
(SOLE)**
sole.ucla.edu

Student Activities
studentgroups.ucla.edu

Fraternity & Sorority Life
(310) 825-6322
fsl.ucla.edu

UCLA Athletics
uclabruins.com

Central Ticket Office
(310) 825-2101
tickets.ucla.edu

True Bruin Traditions Keeper
newstudents.ucla.edu/traditions

Associated Students UCLA (ASUCLA)
asucla.ucla.edu
uclastore.com
uclastore.com/textbooks

POLICIES AND CAMPUS RESOURCES

Code of Conduct

The UCLA Student Conduct Code has been developed to maintain a safe, supportive and inclusive community that engages students and fosters their academic success, personal growth and responsible citizenship.

Student Conduct

Your student is expected to demonstrate integrity in all their endeavors and will be treated as a maturing adult who is capable of making their own decisions and accepting the consequences of those decisions. Office of Student conduct investigates and adjudicates suspected violations of the Student Conduct Code, including academic dishonesty. Students are expected to make themselves aware of and comply with campus and UC policies and regulations and the law.

Resource Centers

There are many resource centers on campus that provide support, programming, and create & administer policies designed to advocate for and enhance student success for specific populations.

1st To Go (First Generation students)
Black Bruin Resource Center
Bruin Resource Center (foster care and probation students, students who are undocumented or a part of mixed-status families, parenting students and students who are taking care of dependents, students in recovery, students who were formerly incarcerated or impacted by the carceral system, and students who have experienced houselessness)
LatinX Success Center
Transfer Student Center
Veterans Resource Center



TOPICS TO DISCUSS WITH YOUR STUDENT

- *"Have you reviewed the Student Code of Conduct?"*
- *"Do you know what plagiarism or cheating look like?"*
- *"Are you familiar with local/state/US laws?"*
- *"Do you understand you will bear the consequences of your choices at UCLA?"*
- *"Do you know that I/we trust you to make smart choices at UCLA?"*
- *"What do you think of the True Bruin Values and do any resonate with you?"*

CONTACTS

Office of the Dean of Students

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Office of Student Conduct

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(310) 825-3871
studentconduct.ucla.edu

1st To Go

firsttogo.ucla.edu

Bruin Resource Center

brc.ucla.edu

Transfer Student Center

transfers.ucla.edu

Black Bruin Resource Center

blackbruinresourcecenter.ucla.edu

LatinX Success Center

latinxsucccess.ucla.edu

WELCOME TO THE BRUIN FAMILY!



UCLA Undergraduate Education New Student & Transition Programs

201 Covell Commons • Los Angeles • CA 90095
(310) 206-6685 • www.newstudents.ucla.edu

 @UCLANewStudents

UCLA Student Alumni Programs & Family Engagement

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  @UCLA_Parents